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## Release of Information

Client Name: \_\_\_\_\_ DOB: \_\_\_\_\_

I understand by signing this form, I am allowing North Texas Counseling Associates to disclose to and/or obtain information concerning the above named client to:

\_\_\_\_\_  
Name of Person and/or Institution

\_\_\_\_\_  
Complete Mailing Address/Street/P.O. Box

\_\_\_\_\_  
City/State/Zip Code

\_\_\_\_\_  
Phone/Fax

\_\_\_\_\_  
Email

### Description of information to be disclosed:

- Diagnosis                       Participation in Treatment                       Progress in Treatment  
 Psychological Evaluation                       Testing Information                       Treatment Plan  
 Other \_\_\_\_\_

### I authorize information to be released by the following methods of communication:

Phone Fax Email Mail

#### *I understand that:*

- I do not have to sign this authorization and my refusal will not affect my treatment
- I may **revoke** this authorization at any time by submitting a written request to NTCA
- This authorization will expire one year from date below.

#### *I certify that:*

*This form has been fully explained to me and I understand its contents.*

\_\_\_\_\_  
Signature of Client, Parent, Guardian, or Personal Representative

\_\_\_\_\_  
Date

\_\_\_\_\_  
Relationship if not the client

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Witness

\_\_\_\_\_  
Date